5K Race Awards

Trophies

A trophy will be given to the overall male and female winner of the 5K race.

Medals

First, second, and third place medals will be given to the winners of the following age groups:

- 14 and Under
- 15-19
- 20-30
- 31-49
- 50+

Warrior Walk Awards

Medals

First, second, and third place medals will be given to the overall winners of the 1-mile Warrior Walk.

Life is MORE.

Wheatmore High School
3678 Finch Farm Road
Trinity, NC 27370
(336) 476-1500
(336) 476-1520 fax
www.randolph.k12.nc.us/schools/whs

Questions?
Contact
SueAnn Safriet: ssafriet@randolph.k12.nc.us
Misty Wolfe: mwolfe@randolph.k12.nc.us

Wheatmore 5K & Warrior Walk sponsored by PTSO

@WheatMORE

2nd annual

WHEATMORE 5K & Warrior Walk

Saturday, May 12, 2012

The Wheatmore 5K and Warrior Walk is more than just a run/walk; it's a chance to give back to our community. Money raised through registration will go toward funding special projects at Wheatmore High School and to provide scholarships to graduating seniors.

Come out on Saturday, May 12th and run or walk with us! Run in honor of your mother or bring her along to celebrate! Your body may be sore afterwards but your heart will feel good knowing you made a difference in a Warrior's life!

runMORE ... walkMORE

WHEATMORE 5K Course Map

Course Description

Not your average road race!
Runners will begin at the WHS track/stadium and venture out onto the hilly trails on the Wheatmore campus. This course is a challenge!

A water station will be provided at the midpoint along the trail.

Race Information

Entry Fee (Includes 2012 runMORE...walkMORE T-shirt and refreshments

Wheatmore 5K:	$20
Late Registration*:	$25
Warrior Walk:	$15
Late Registration*:	$20
Little Warrior Fun Run:	$7
Late Registration*:	$12

**After May 4, 2012*

runMORE… walkMORE 2012

Life is MORE @ WheatMORE!

Race Day

On-site registration and packet pickup begins at 7:30 am on race day. Participants can check in at the stadium ticket booth. The 5K race will begin at 8:30 am followed by the Warrior Walk and Little Warrior Fun Run. Awards will be presented at the conclusion of the Little Warrior Fun Run.

Early race packet pickup: Friday, May 11th 12:00-6:00 pm @ WHS

Registration Form

Please fill out this form and return it with the registration fee to:

Wheatmore High School
Attn: Wheatmore 5K
3678 Finch Farm Road
Trinity, NC 27370

Participant Information

Name _____

Address _____

City _____ St ____ Zip _____

Phone _____ ☐ Male ☐ Female

Email

_____

T-shirt Size _____ Age on Race Day ___

☐ Wheatmore 5K (Run or Walk)
☐ Warrior Walk (1-mile)
☐ Little Warrior Fun Run

Emergency Contact _____

Phone _____

Waiver and Release

RACE WAIVER: I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race, including, but not limited to, falls, contact with other participants, the effects of the weather including high heat and humidity, traffic, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone for whom I am entitled to act, waive, release, and will hold harmless Wheatmore High School, Randolph County Schools, the race organizer, all other sponsors, and all the agents, employees, officers, directors and volunteers working for those entities from all claims and liabilities of any kind arising out of or related to my participation in this race.

Signature _____
(Parent/Guardian if under 18)

Date _____